

# SOROPTIMIST SERVES SUCCESS



SOROPTIMIST

Best for Women

## MENU OF SERVICE OPPORTUNITIES

2009 ♥ 2010

Welcome to  
Soroptimist International of  
Greater Bridgeport

*Improving the Lives of Women and Girls in  
Local Communities and Throughout the World*

[www.soroptimist.org](http://www.soroptimist.org)



*We could benefit from your talent, time and treasure! For  
more information on our club projects, contact Sara  
Nichols (203) 521-2411 or [siabridgeport@yahoo.com](mailto:siabridgeport@yahoo.com)*

# MENU OF SERVICE OPPORTUNITIES VOLUNTEER FORM

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Get involved in as much as you would like. Check the area you like with the specific activity that you can do. Membership Chair Sara collects the forms.

## AWARD PROGRAMS/ HANDS-ON SERVICE PROJECTS

- \_\_\_\_\_ Service Committee \_\_\_\_\_
- \_\_\_\_\_ Women's Opportunity Award Program \_\_\_\_\_
- \_\_\_\_\_ Violet Richardson Award Program \_\_\_\_\_
- \_\_\_\_\_ Ruby Award Program \_\_\_\_\_
- \_\_\_\_\_ Her Haven Project \_\_\_\_\_
- \_\_\_\_\_ Domestic Violence Program Initiative \_\_\_\_\_
- \_\_\_\_\_ Seasons for Giving \_\_\_\_\_
- \_\_\_\_\_ Wednesdays Working Women Project \_\_\_\_\_
- \_\_\_\_\_ STOP Trafficking Initiative \_\_\_\_\_
- \_\_\_\_\_ Relay for Life \_\_\_\_\_
- \_\_\_\_\_ Future Projects \_\_\_\_\_

## FUNDRAISING & EVENTS

- \_\_\_\_\_ Martini's and More \_\_\_\_\_
- \_\_\_\_\_ Festival of Tables \_\_\_\_\_
- \_\_\_\_\_ Holiday Party \_\_\_\_\_
- \_\_\_\_\_ Spring Awards Dinner \_\_\_\_\_
- \_\_\_\_\_ Milford Oyster Festival \_\_\_\_\_
- \_\_\_\_\_ Public Relations Events \_\_\_\_\_
- \_\_\_\_\_ Sell Tickets \_\_\_\_\_
- \_\_\_\_\_ Sponsor Solicitation \_\_\_\_\_

## MEMBERSHIP

- \_\_\_\_\_ Speak at a meeting \_\_\_\_\_
- \_\_\_\_\_ Leadership \_\_\_\_\_
- \_\_\_\_\_ Mentoring \_\_\_\_\_
- \_\_\_\_\_ Membership committee \_\_\_\_\_
- \_\_\_\_\_ Other \_\_\_\_\_

## PUBLIC RELATIONS

\_\_\_\_\_

## AWARD PROGRAMS / HANDS-ON SERVICE PROJECTS

### Service Committee

- ♥ Identify and connect with organizations that have similar purposes and meet our mission of improving the lives of women and girls
- ♥ Help to decide where club service projects and financial contributions are to be made on annual basis

### Soroptimist Women's Opportunity Award Program

*We provide unrestricted cash awards to local women who need training or education to improve their earning capabilities. 3 award levels.*

- ♥ Be the Program Chair
- ♥ Distribute applications to women and organizations that provide services for women eligible for the award
- ♥ Send announcements to media and public outlets to promote the opportunity
- ♥ Help decide the local winner

### Soroptimist Violet Richardson Award Program

*We recognize young women between ages 14-17 who make the community and world a better place through volunteer efforts. Cash awards are contributed to the winner's volunteer organization. 3 award levels.*

- ♥ Be the Program Chair
- ♥ Distribute applications to young women and appropriate venues for candidates
- ♥ Send announcements to media and public outlets to promote the opportunity
- ♥ Help decide the local winner

### Soroptimist Ruby Award for Women Helping Women

*(formerly the Making a Difference for Women Award) We acknowledge women who, through personal and professional activities, work to improve the lives of other women and girls. Cash awards can be contributed to the winner's charity organization. 3 award levels.*

- ♥ Be the Program Chair
- ♥ Distribute applications to women and appropriate venues for candidates
- ♥ Send announcements to media and public outlets to promote the opportunity
- ♥ Help decide the local winner

### Soroptimist Her Haven Project

*Local project initiated in 2008-2009. We honor women who self-lessly give time, energy, charity to others. Winners receive a room-make over to make a haven of her own.*

- ♥ Participate in the committee
- ♥ Distribute applications to appropriate venues for nominating candidates
- ♥ Send announcements to media and public outlets to promote the opportunity
- ♥ Assist with launch party for press and potential service contractors (logistics)
- ♥ Help decide the local winner
- ♥ Assist with soliciting donated items needed for the winner's room make-over design

## **Domestic Violence Program Initiative**

*Preventing and eliminating domestic violence is a Soroptimist focus. Members can participate in the Soroptimist Workplace Campaign to End Domestic Violence event on November 25<sup>th</sup> and/or serve in partnership with Fairfield County Center for Women and Families.*

- ♥ Be the Champion – liaison with programs and donations
- ♥ Distribute cards in the workplace that contain domestic violence hotline information (international awareness event on November 25<sup>th</sup>)
- ♥ Donate personal care item
- ♥ Help assemble personal care bags
- ♥ Collect discarded/outdated cell phones to be given to shelter for 911

## **Seasons for Giving – Holiday Food & Gifts**

- ♥ Be the Champion – liaison with programs and donations
- ♥ Donate food or gift certificates for Thanksgiving Baskets
- ♥ Donate a gift for a child at Christmas
- ♥ Donate new coats or warm clothing for family member
- ♥ Cook a meal for women's holiday party (i.e. Project Courage, Mi Casa/My Home, Housing for Success, Mercy Learning Center, Caroline House, etc)

## **Wednesdays Working Women Project - NEW**

*A new project in 2009-2010 to provide mentorship to teen moms and girls living in a group home in Bridgeport, women would offer to share their personal and professional stories in a group setting for girls who have been abused and/or neglected and may either be pregnant or parenting.*

- ♥ Be a guest speaker (1<sup>st</sup> Wednesdays)
- ♥ Offer support by attending the group (1<sup>st</sup> Wednesdays)
- ♥ Bring a meal to share (up to 10 people possible)

## **STOP Trafficking Initiative**

*Raising awareness about the sex trafficking of women and girls is a Soroptimist focus.*

- ♥ Join a task force to develop a local effort to raise awareness
- ♥ Learn how to be a cyber cop – to stop the exploitation of women and girls via the internet.

## **Relay for Life Soroptimist and Friends Team**

- ♥ Be the Team Captain
- ♥ Get sponsors
- ♥ Sell track signs
- ♥ Raise money for the team
- ♥ Help register and host survivors
- ♥ Help with information and manning Soroptimist booth.

## **Future Projects**

- ♥ Research women and girl issues that need advocacy/legislative support
- ♥ Research potential new hands-on projects

## **FUNDRAISING & EVENTS**

### **Martini's and More (Fall event)**

- ♥ Be the Event Chair
- ♥ Help assemble, address, and stuff invitations for events
- ♥ Help with publicity
- ♥ Solicit your contacts for Auction items
- ♥ Solicit businesses for sponsors and food donations
- ♥ Volunteer to help with set up and decorate
- ♥ Volunteer to help with clean up
- ♥ Invite your friends to attend!
- ♥ Purchase a ticket

### **Festival of Tables (Spring Event)**

- ♥ Be the Event Chair
- ♥ Help assemble, address, and stuff invitations for events
- ♥ Help with publicity
- ♥ Solicit your contacts for Auction items
- ♥ Solicit businesses for sponsors and food donations
- ♥ Volunteer to help with set up
- ♥ Volunteer to help with clean up
- ♥ Invite your friends to attend!
- ♥ Purchase a ticket

### **Holiday Party (December)**

- ♥ Be the Event Chair
- ♥ Help assemble, address, and stuff invitations for events
- ♥ Help with publicity
- ♥ Solicit your contacts for Auction items
- ♥ Solicit businesses for sponsors and food donations
- ♥ Volunteer to help with set up
- ♥ Volunteer to help with clean up
- ♥ Invite your friends to attend!
- ♥ Purchase a ticket

### **A Salute to Women Spring Awards Dinner (May)**

- ♥ Be the Event Chair
- ♥ Help assemble, address, and stuff invitations for events
- ♥ Help with publicity
- ♥ Solicit your contacts for Auction items
- ♥ Solicit businesses for sponsors and food donations
- ♥ Volunteer to help with set up
- ♥ Volunteer to help with clean up
- ♥ Invite your friends to attend!
- ♥ Purchase a ticket

### **Milford Oyster Festival (August)**

- ♥ Be the Event Chair
- ♥ Collect items for sale (water, cookies, crafts, etc)
- ♥ Assist with printing handouts and displays
- ♥ Volunteer to station the booth (2 hour shifts)
- ♥ Volunteer to help with set up
- ♥ Volunteer to help with clean up

## MEMBERSHIP Opportunities

- ♥ Ask friends, co-workers and peers to attend meetings
- ♥ Ask friends, family, co-workers and peers to attend fundraising events to become aware of what we do for women and girls
- ♥ Mentor a new member by including her in discussions at meetings, social events and explaining unfamiliar terms
- ♥ Sign up to call members who need personal contact from club
- ♥ Offer to speak at a meeting
- ♥ Help with a membership event by baking, setting up, planning
- ♥ Help plan and decorate for awards dinner
- ♥ Sign up for 15 minute talk on business/hobby, etc.
- ♥ Be a committee member

## LEADERSHIP OPPORTUNITIES

- ♥ Serve on the club board of directors as an officer
- ♥ Volunteer for opportunities to lead a project
- ♥ Volunteer to lead a committee
- ♥ Work on annual budget
- ♥ Update bylaws
- ♥ Volunteer to report on an event or project
- ♥ Attend Fall Workshop
- ♥ Attend Northeastern Region Spring Conference – Delegates get free registration!



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